

**eheadspace and headspace School Support Group Chat Session:**

## *How to talk to young people about 13 Reasons Why:*

An online Q & A Session for parents and other adults supporting young people

**headspace** School Support works with school communities to prepare for, respond to, and recover from suicide.

The session aims to support adults to talk to young people about:

- Their emotional response to the show
- Seeking support if they need it
- Avoiding normalising or glamourizing suicide

**Group Chat with headspace School Support and eheadspace**

- eheadspace group chat session
- Web chat open to the public
- No registration necessary
- Ask questions anonymously
- Read questions and answers of others

The group chat session is your opportunity to speak anonymously online to our mental health professionals and hear from others about a topic that will be discussed.



### **When:**

Thursday 11 May 2017  
12pm-1pm (AEST)

### **How to join:**

[Click here](#) to set an email reminder AND join the session on the day

